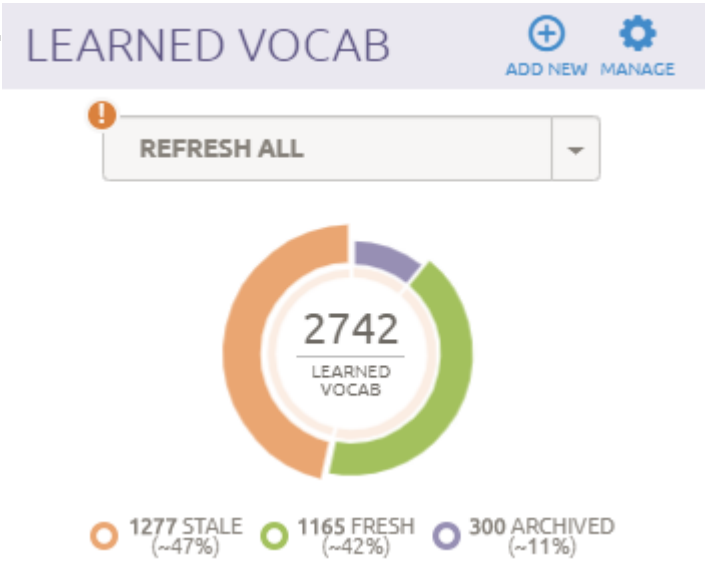
Only have 10 minutes to spend on language today? Refresh your Learned Vocab.

During acquisition training, you spent day after day focused solely on language. But now you're on the job, expected to focus full-time on the mission at hand—*while still maintaining proficiency.*

Obviously you don't have 40+ hours a week for language anymore, but let's say you can carve out 10 minutes each day to dedicate to language: how can you make the most of that time to maintain proficiency?

Refresh your learned vocab.



Research consistently shows that proficiency levels increase in tandem with vocabulary size.[1][2][3] In fact, of all factors contributing to language proficiency, vocabulary size is by far the single most significant factor.[4][5][6]

Needless to say, maintaining your vocabulary is an important part of maintaining proficiency. But *thousands* of paper flashcards would be inefficient to create, organize, and carry around.

The CL-150 Platform makes it effortless to organize and review with your CL-150 Learned Vocab: your personal collection of words and phrases you've learned.

Optimize your time.

Easily organize all your vocabulary in one place. Vocab from CL-150 lessons you complete are automatically added to your that collection, where it can easily be reviewed or automatically refreshed. Of course, not all learning happens in the CL-150, so you can also easily add your own Learned Vocab from news articles, podcasts, and elsewhere—then refresh it all in one place, whenever you have a few minutes.

Know when and what to review to maximize your time. Learned Vocab's spaced repetition algorithm helps you review the right vocab at the right time, so you're not neglecting the "stale" vocabulary that you're most at risk of forgetting. You can also "archive" words or phrases you know extremely well, ensuring you'll only refresh what you need.

How does it work?

https://transparent.wistia.com/s/zbmlh4zd7830y3t

Unless you choose your items manually, the algorithm will challenge you to remember and produce the words and phrases you likely most need to review now. You'll see the known language (English). Then think the target language to yourself, or even better say it aloud. Then self-report whether you remembered it correctly.

If you knew it, you'll see it again some weeks or months down the line. If you didn't remember, you'll re-learn it right then, and if you refreshing regularly, you'll see it again in just a few days.

Your maintenance routine should include a mix of vocab, grammar, and skills practice, but CL-150 Learned Vocab refresh is an effective task you can tackle daily in a few minutes, regardless of your schedule or location. Our suggestion: make it a staple and do it first.

Log in now to start refreshing. Don't have an account yet? Ask your organization about CL-150 access to get started accumulating and organizing your learned vocab.