

# Incorporate regular assessments into your sustainment routine.

Sustaining language proficiency requires a routine. If you know what to do on a [daily](#) and [weekly](#) basis, you're more likely to... well, do it.

If you don't have a routine yet, or your existing routine is feeling stale, it might be time for an assessment. **The CL-150 Platform includes open, [online assessments in 23 languages](#)\***. You can take any of these assessments anytime (whether it's your primary language or not.)

**CL-150 Platform Transparent Language** Powered by Avant

STOP TEST LOGOUT

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Question 1 MC ○  
Question 2 MC ○  
Question 3 MC ○  
Question 4 MC ○  
**Question 5 MC ○**  
Question 6 MC ○  
Question 7 MC ○  
Question 8 MC ○  
Question 9 MC ○  
Question 10 MC ○

**From a news article**  
Посадочный сезон завершили в лесном хозяйстве Алтайского края. Как сообщили сегодня, 27 мая, корреспонденту ИА REGNUM Новости в пресс-службе краевого управления лесами, предприятия провели посадки леса на общей площади 5 тыс. га при плане 4 тыс. 400 гектаров.

В крае лесоводы создавали новые леса в честь 65-летия Победы в Великой Отечественной войне. Для создания лесных культур было использовано 28 млн саженцев, именно столько жизней советских людей унесла Великая Отечественная война.

Теперь в лесах каждому россиянину, войны, "возведен" и растет живой памятник: лиственница или дерево другой породы. Прошли знаковые мероприятия, связаны "победных" посадок. На участках с лесом установлены памятные знаки.

Choose the best answer.  
What is reported in the passage?

☐ Trees were planted to commemorate a war victory.  
☐ A patriotic memorial is being moved into a forest.  
☐ War veterans have launched an initiative to create new forests.  
☐ Forestry companies are taking actions to combat deforestation.

**Language Proficiency Test**  
READING COMPREHENSION  
Russian - R - ILR 0-3 - Open v.1-pg

**Test Results**  
Examinee: mmcgongale3 (188511) (mmcgongale3)  
ILR Rating: 3  
Sections Completed: 3 of 3  
Date Tested: 9/24/2020  
Test Duration: 02:12:28

## What's the test like?

Taking about one hour to complete, the tests measure general proficiency in reading or listening comprehension. While the scores are only for self-assessment, **the tests mirror what you might find on a DLPT**, determining your readiness for duties that require a broad range of relevant skills.

The test design is based on a computer-adaptive, multi-stage testing model<sup>[1][2]</sup>

that is more reliable than a traditional computer-adaptive test. **The test adjusts as you take it**, presenting test questions at or near your proficiency level, rather than questions so easy or difficult that they provide no useful information about your capabilities.

## I took the test. Now what?

For each language you're maintaining, we recommend taking the available assessments every six months and fine-tuning your sustainment routine accordingly. That includes:

- **Enrolling in level-appropriate materials.** If you're enrolled in an ILR 2+ Cohort lesson stream, but you now test at an ILR 3, it's time to enroll in the next level up. (And if you're

not enrolled in a Cohort lesson stream, now you'll know which is right for you!)

- **Focusing on the right modality.** If you're sustaining a R2+/L2+, but the tests indicate you're now a R3/L2, you know you want to spend more time working on your listening skills.
- **Informing your program manager.** As you test, you can communicate your new scores to your program manager so he or she can assign you a mentor or provide additional assistance if needed.

Incorporating informal assessments are a regular part of your sustainment routine ensures there will be no surprises on your next formal assessment.

**Want to explore our assessments and other learning features for sustainment?**

**[Attend a new user orientation](#) or visit the [CL-150 Training Kit](#) to explore on-demand help materials.**

*\*Note that the diagnostic assessments for Arabic and Farsi due to Adobe discontinuing Flash. None of the open proficiency tests will be impacted.*

[1] Luecht & Nungester, 1998;

[2] Luecht, 2000