New: ILR 3+ Cohort Lessons

ILR 3 is no longer the ceiling—for you, or for CL-150 Cohort lessons!

Improve your reading and listening skills with ILR 3+ Cohort lessons in Chinese, Farsi, French, Russian, and Spanish.

Each language has 36 hour-long lessons. 3 listening lessons and 3 reading lessons based on authentic sources in each of the following domains: Geopolitics, Economics, Cyber & Technology, Defense, Terrorism, and Crime & Narcotics.

Enroll now to receive an ILR 3+ lesson to your inbox every week—the perfect reminder for anyone with weekly or monthly sustainment requirements.

Have a DLPT or other test coming up? You can also request an ILR 3+ Refresher Course for more intensive prep using these lessons.

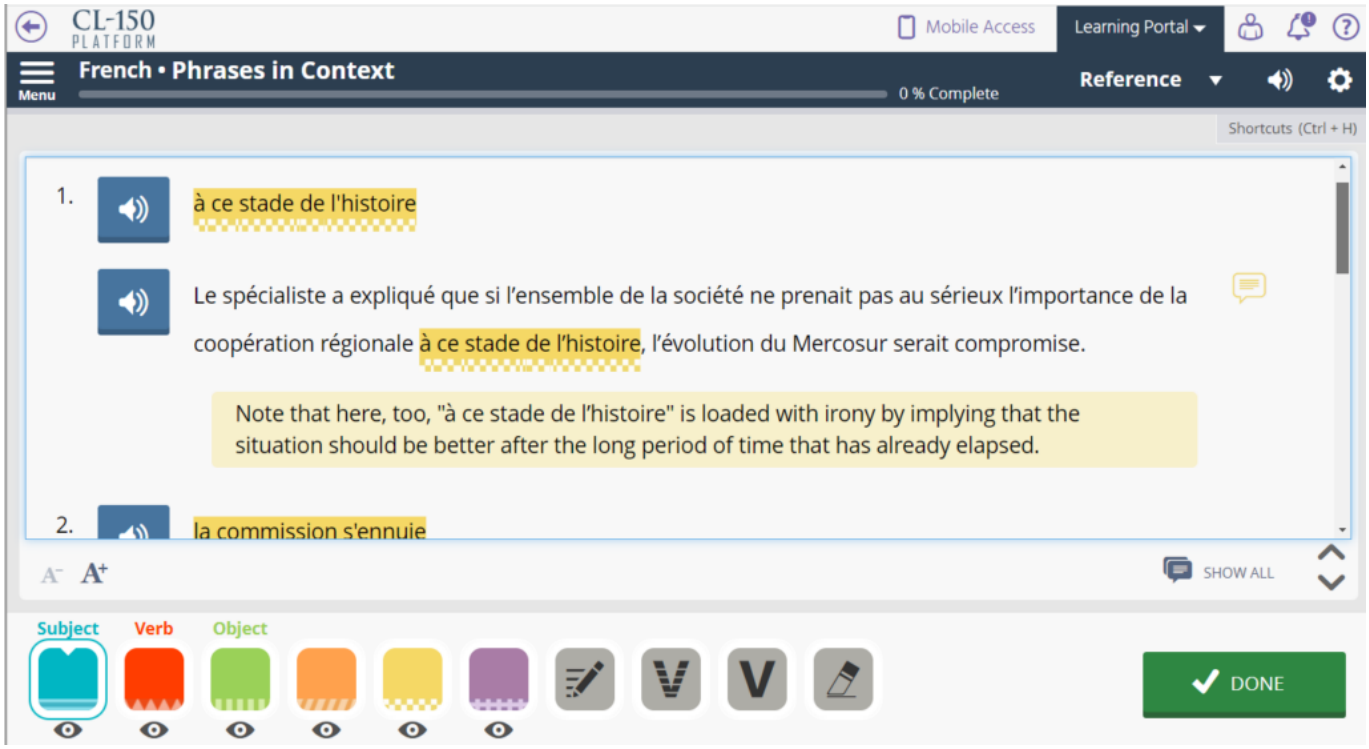
Explore authentic materials

In each lesson, you'll explore an authentic text or audio clip professionally rated at ILR 3+.

Sources ranging from an op-ed on Colombian tax reform to an interview with a Russian historian about monopolies on natural resources.

Master advanced language features

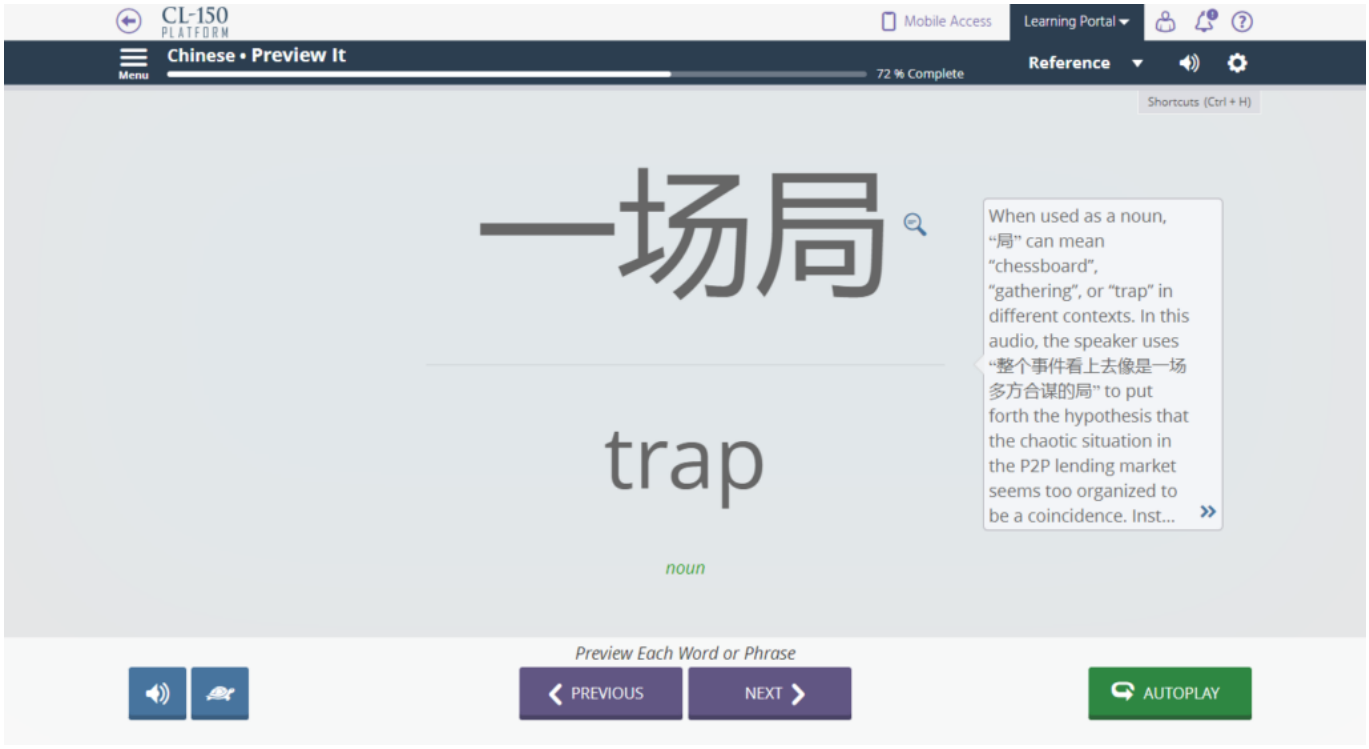
You'll be exposed to language features like figurative language, idioms, irony, allusion, satire, rhetorical questions, metaphors, and implicit information—all things you'll encounter beyond ILR 3.



Build vocab depth

You'll also acquire lots of lower-frequency or domain specific vocabulary in topics ranging from military strategy to legal defense to lending markets.

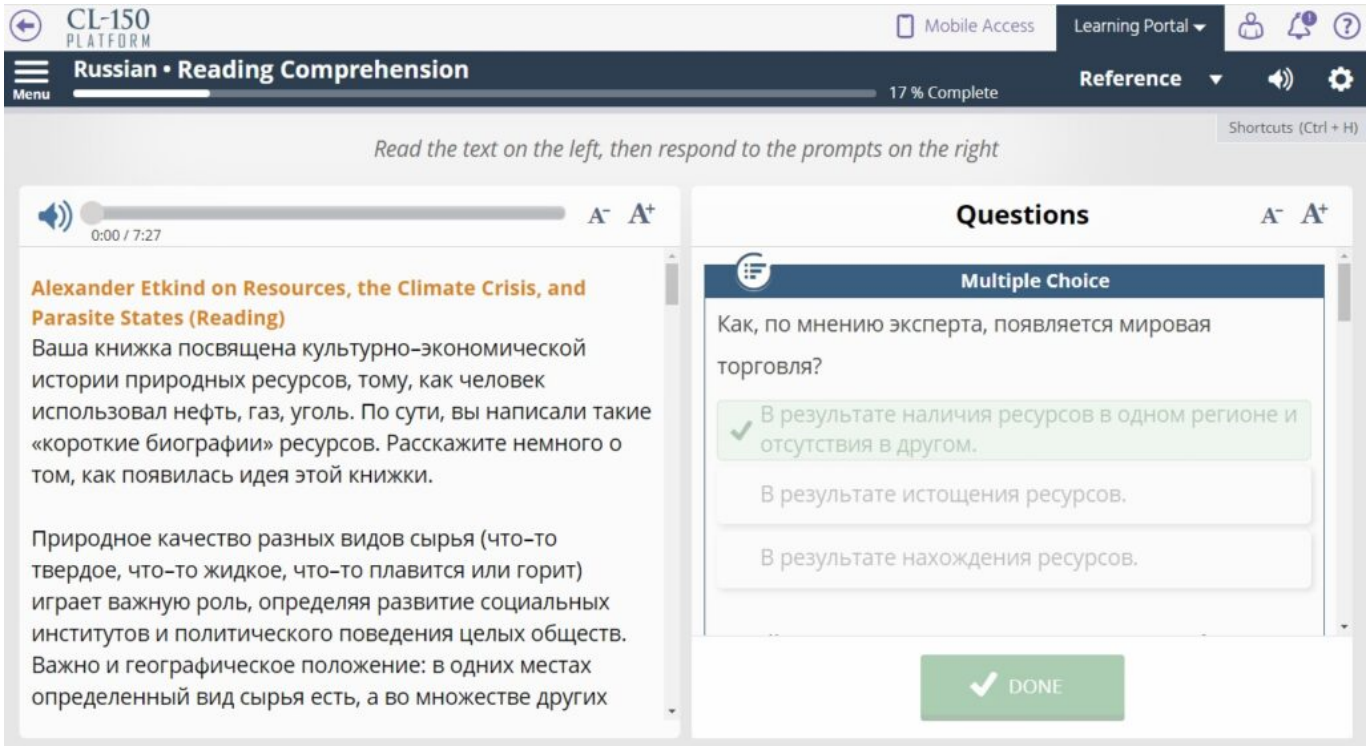
Vocab items are accompanied by in-depth explanations that provide context, additional meanings, literal translations, and more.



Improve reading and listening comprehension

Every lesson includes a reading or listening comprehension activity.

At this level comprehension questions target the features of the text/audio that push it to the '+' level, such as rhetorical devices, implied cultural information, and analysis of the author's arguments.



Enroll now to get an ILR 3+ lesson in your inbox every week. Or request an ILR 3+ Refresher Course to ace your next DLPT.